# **WA Financial Coaching Network**

# February 28, 2024

#### 2:00 - Welcome & Introductions

Thushari Gooneratne

Icebreaker breakout rooms: As the seasons change, how do you feed your soul?

### 2:10 - Partner Spotlight

 Goodwill of the Olympics & Rainier Region - Heather Little, Vocational Manager of Career Hub Services and Initiatives

#### 2:25 - Partner Announcements

Thushari Gooneratne, Ryan Davis, Members

- March: Financial Wellness Part 2: Trauma & Financial Experiences,
  Thursday, March 7th 10 11:30a <a href="https://bit.ly/Fin-Wellness-2">https://bit.ly/Fin-Wellness-2</a>
- Do you want to be a future Partner Spotlight?
  <a href="https://forms.gle/VTenyLZeUGHL4eRb8">https://forms.gle/VTenyLZeUGHL4eRb8</a>
- Member announcements

## 2:40 - Coaching Session: Holding Space for the Coaching Experience

Thushari Gooneratne

- 5 min Introduction to the topic: human, relationship side of financial coaching from the coach's perspective
- 15 min Breakout Rooms
  - How do coaches hold awareness of your biases in order to put judgment aside?
  - How do you decide how much to share of your own lived experience with a client?
- 30 min Come back to debrief
  - Report out from each breakout room