



Washington Financial Coaching Network

May 22, 2024

2-3:30 pm

2:00 - Welcome & Introductions

Thushari Gooneratne

- Icebreaker breakout rooms: Small groups of 4-5 people to get to know each other. Question prompt: Who is another organization that you/your organization partners with that you are excited about?

2:10 - Partner Spotlight

- Donna O'Connor with **Hopelink**: Financial Foundations materials for immigrants and refugees.

2:25 - Partner Announcements

Jennifer Quiróz, Members

- Quick participant survey: <https://forms.office.com/r/UdPpX0hdbv>
- Upcoming FEN Events:
 - King County Financial Empowerment Partners' Network presents **Guardians of the Wallet: Embarking on a Financial Wellness Journey** – Thursday June 6th 11:30 am – 2:00 pm at the Tukwila Community Center: <https://bit.ly/FENGuardians>
 - Bank On WA presents **Justice & Finance Forum: Fostering Economic Resilience** - Tuesday June 25th 10-11 am: <https://bit.ly/JusticeFinanceForum-FosteringEconomicResilience>
 - June workshop/WA financial coaching network: **Credit Building Resources** – Wednesday, June 26th 2-3:30p <https://bit.ly/Credit-Building-Resources>
- Do you want to be a future Partner Spotlight? Sign up here! <https://bit.ly/FCN-Partner-Spotlight>
- Member announcements:

2:40 - Coaching Session:

Thushari Gooneratne

- 5 min - Introduction to the topic: Value of Active Listening
 - What is Active Listening and Why is it Important?
 - Example role play: Thushari/Jennifer

- 20 min - Main Room Discussion (in the chat or raise your hand)
 - How do you stay present and engage in active listening?
 - What are the barriers to staying in active listening in a virtual coaching environment – and how do you overcome them?
 - What are your go-to Powerful Questions?

- 15 min - Breakout Rooms of 3: invite each person to take a turn with each role
 - “Client” Tells a ~2-minute story about a recent money decision
 - “Coach” Reflects a 1-2 sentence summary
 - “Observer” Gives feedback on reflection

- 10 min - Come Back and Report Out
 - One-breath take-aways from the activity (in the chat or raise your hand)