

WA Financial Coaching Network

February 25, 2026

2:00 – Welcome

Icebreaker question: What did you eat for lunch?

2:10 – Coaching Session: Mental Health & Financial Well-Being

- 10 min – Group Conversation
 - This month we're discussing the intersection of mental health and financial well-being. In February we're specifically focusing on neurodiversity. Different groups handle mental health and neurodiversity differently. How can we best support our clients and community?
- 20 min – Facilitated breakout rooms – You get to choose which room:
 - Supporting the mental health and financial well-being of the BIPOC Community (Spanish Speaking Room)
 - Supporting the mental health and financial well-being of the BIPOC Community
 - Supporting the mental health and financial well-being of the Low to Moderate Income Community
 - Supporting the mental health and financial well-being of the Workforce and Small Businesses
- 10 min – Group share out

2:50 – Resource Share Out

- Community Announcements